

A small, residential home setting, surrounded by woods and flower gardens, The Vicarage by the Sea is an oceanside retreat for elders living with progressive neurological diseases, such as Alzheimer's-like disorders, affecting memory, use of language, physical ability and other cognitive functions.



The normalization of dementia experience is what defines The Vicarage culture. Each individual deserves dignified, person centered care, allowing for continued growth and preservation of identity. Relationships with peers, staff, family, pets and community keep residents enriched and engaged.



Allowing residents to live in their own reality is essential to high quality dementia care. A superior staff to resident ratio of one to four ensures individuals needs are understood and met. Staff honor the experience of each person through attentive, personalized care.



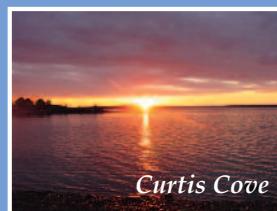
Creating a home environment, where residents can age in place, is the philosophy of The Vicarage. Stability in residence, relationships and routine eliminates the stress of transitions for the person living with dementia, thereby enhancing their overall well being.

Innovative Philosophy of Care...

Innovators in their approach, Johanna Wigg and Cheryl Golek set out to prove that long-term care for elders living with dementing illnesses could be enhanced in a home-like, compassionate environment.

Advocates for the care of a vulnerable population in American society, their passion shows that this population can be cared for in a more humane manner, far greater than traditional settings.

Thirteen years later, The Vicarage demonstrates the model is feasible and successful.



Curtis Cove

Johanna and Cheryl invite you to visit, or call to talk about your loved one. Learn more about The Vicarage philosophy and issues related to dementia on our website.

www.thevicaragebythesea.com

207.833.5480

The Vicarage By The Sea
9 Vicarage Lane
Harpwell, ME 04079



The Vicarage By The Sea

**Compassionate Care for
Those Living with Dementia**

Person-Centered Care...



At The Vicarage, the whole person is recognized as the center of the care model. We embrace and respect the individual reality of each person who lives with us by honoring and normalizing their experience, giving each person the opportunity to thrive. Our focus on the social and psychological well-being of our residents includes families and the community.



Delicious home cooked meals, comfortable decor and natural surroundings, including ocean views, foster the feeling of home. We welcome pets. Safety and security of residents are ensured with technology (motion detectors) and an exceptional staff to resident ratio of one to four. Residents, joined by staff, are encouraged to engage with the outdoors and walk along the beautiful lane and oceanside. In our experience, exercise lowers the anxiety that often accompanies this illness, thereby lessening the use of medications.



Roots & Beginnings...

The Vicarage By The Sea was founded in 1998 with the desire to make a difference for those living with dementing illnesses, such as Alzheimer's-like diseases.

Johanna Wigg, Ph.D., cared for her grandmother with dementia while in graduate school.

Much of the research at that time represented the demented as human shells, who lost their identities when memory failed, and behavioral, speech and ambulatory challenges began. Johanna's grandmother, an artist and gentle soul, retained her graceful demeanor, and awareness of beauty in the natural world throughout her illness.

The experience sparked a passionate, lifelong commitment to honoring those with this disease, by offering empathic, holistic care in a non-institutional setting. Pioneers in their approach, Johanna and Dementia Care Specialist, Cheryl Golek set out to prove that social and psychological realms of long-term care for elders living with dementing illnesses could be improved. Together, they transformed this bed and breakfast by the sea into an alternative, person-centered home for long-term dementia care. Today, the vision continues.

There is a Difference...

Johanna and Cheryl, together with support staff, provide compassionate care and support to eight residents and their families. Johanna provides professional counseling to families in transition.



Karen Guiou is a nurse practitioner with gentle presence and a unique understanding of quality of life issues for those living with dementia. She is on-call at all times and makes monthly house calls to oversee the medical health of the residents.



Comprehensive care is provided from early stage through end of life, allowing residents to age in place without transitions.



The Vicarage offers exceptional care at rates, determined by the level of care, that are typically lower than larger facilities, with no hidden or administrative fees.

Visitors are always welcome.

